

**key vocabulary**


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- » aphorism
- » athlete
- » blame
- » checkpoint
- » course
- » dangerous
- » endurance
- » extreme
- » format
- » goal
- » marathon
- » opponent
- » ration
- » sand
- » tent
- » terrain

**key idioms  
and slang**


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- » blow my chance
- » easier said than done
- » extreme sports
- » finish line
- » have what it takes
- » set my heart on
- » threw me for a loop
- » ultramarathon

**key structure**


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**Reflexive and reciprocal pronouns**

In the championship game, the top two players competed against each other.

**conversation starters**


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- » Have you ever tried any unusual sports?
- » What do you think is the most dangerous sport?
- » Why do you think people are attracted to sports like rock climbing?
- » Can you tell me about an outdoor activity when you challenged yourself?
- » Do you admire marathon runners or think they're too obsessed with running?

**learning tools**


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**Song**

*New Sensation*

INXS

**Movie**

*Touching The Void*

Starring Brendan Mackey and Nicholas Aaron

**Website**

*MagXzine*

<http://http://www.magxzine.com>

